

Webinar  
Via  
Zoom!

# COAAA Professional Education November 16, 2021

9:00AM - 12:15PM



## Water Under the Bridge: The Benefits of Forgiveness

No one is immune from physical or emotional harm. Research has documented the overwhelming prevalence of physical and psychological injury that is caused by others. While these wounds can have a lifelong impact on our everyday functioning, the continued anger and resentment that we often experience can have the most damaging effect in our lives. Forgiveness is a process in which individuals decide to leave feelings of anger and resentment in the past. Forgiveness does not relinquish another person's accountability but rather allows injured persons to move forward without allowing past events to continue to dictate their emotions. This workshop will highlight the power of forgiveness and offer social service professionals' strategies for assisting consumers in practicing the art of forgiveness.

### Speaker

**Dr. Brian L. Bethel** is a Professional Clinical Counselor-Supervisor (LPCC-S), a Licensed Chemical Dependency Counselor (LCDCIII) and a Registered Play Therapist-Supervisor (RPT-S) with specialized training in counseling children, adolescents, and families. Dr. Bethel earned his PhD in Counselor Education and supervision from Ohio University where he also earned dual Master's degrees in Clinical Counseling and Rehabilitation Counseling. With over twenty years of clinical practice, Dr. Bethel brings a diversity of strengths to his clinical practice. As the founder and director of Interplay Counseling and Consultation Services, LLC, Dr. Bethel operates a private counseling practice and provides educational services to community organizations. He has dedicated much of his professional career to working with individuals impacted by trauma and continues as a mental health clinician for a Child Advocacy Center that serves children and families across southern and southeastern Ohio.

### Objectives

At the conclusion of this workshop, participants will be able to:

- Discuss the therapeutic value of forgiveness
- Describe the harmful effects of carrying continued anger and resentment as a result of harm from another person
- Identify practical strategies for assisting clients in practicing forgiveness
- Recognize the value of forgiveness in their personal and professional lives

### Hours

3.0 Social Work Clock Hours (#RSX059002) 3.0 BELTSS (38592-SS-21)  
3.0 Counselor Clock Hours (#RCX109207)



The Ohio Board of Nursing accepts events approved for Counselors & Social Workers for Continuing Nurse Education Contact Hours.

### Central Ohio Area Agency on Aging

3776 S. High St., Columbus, OH 43207

614-645-7250 1-800-589-7277 [www.coaaa.org](http://www.coaaa.org) [coaaa@coaaa.org](mailto:coaaa@coaaa.org)

*Your Aging and Disability Resource Network*

**COAAA Professional  
Education  
November 16, 2021  
9:00AM - 12:15PM**

**Zoom webinar link will be emailed the day before the training to the email address with which you registered.**

**Fee \$60.00** The workshop fee includes handouts.

**LATE REGISTRATION: \$70.00 (after 11/9/21)**

A **REFUND** will be made **ONLY for cancellations received 5 work days prior to the event**. If less than 5 days, a credit can be issued for use at another program within the next year. If notice of cancellation is not received before the date of the program, no credit can be issued, Any checks returned will be subject to a \$15 bad check fee by the City of Columbus.

We cannot accept credit cards at this time, please mail payment with registration or drop off during business hours.

**Please  
Note**

**Zoom link for webinar will be sent the day before the workshop to the email used to register, along with handouts and evaluation forms. Continuing Education Certificates are issued once evaluation forms are completed and returned to ldobb@coaaa.org.**

**Registration Form**

**Deadline November 9**

**Water Under the Bridge: The Benefits of Forgiveness**

**Please print legibly**

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

Special Accommodations needed due to disability: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Licensure: Social Worker Nurse NHA (License # \_\_\_\_\_) Other \_\_\_\_\_

**Registration Fee: \$60.00**

**Late Registration Fee: \$70.00 (11/9/21)**

Purchase Order Attached: # \_\_\_\_\_ \$ \_\_\_\_\_ Federal ID# \_\_\_\_\_

Make checks payable to **City of Columbus**, & mail with registration form to:  
COAAA Training & Education, 3776 S. High St., Columbus, OH 43207

If using a purchase order, please attach a copy to the completed registration form. Questions? Call (614) 645-7250 or 1-800-589-7277; fax (614) 645-3885. COAAA will not accept registrations over the phone or fax without a purchase order number.