

Webinar  
Via  
Zoom!

# COAAA Professional Education September 16, 2021

9:00AM - 12:15PM



## The Cost of Caring-Codependency in Social Services

Many social services professionals report a desire to help others and advocate for vulnerable populations as the primary motivators for their professional choices. While these altruistic desires are admirable, they also create vulnerabilities for those in the helping professions. Since codependency is often present in relationships which are unbalanced, social services professionals are continually challenged with balancing the needs of their consumer and maintain professional boundaries. This training will explore the phenomenon of codependency as it applies to helping professionals. The presentation will highlight common pitfalls and ethical dilemmas specific to codependent behavior. In addition, this curriculum will offer practical strategies to prevent and manage codependent behaviors.

### Speaker

**Dr. Brian L. Bethel** is a Professional Clinical Counselor-Supervisor (LPCC-S), a Licensed Chemical Dependency Counselor (LCDCIII) and a Registered Play Therapist-Supervisor (RPT-S) with specialized training in counseling children, adolescents, and families. Dr. Bethel earned his PhD in Counselor Education and supervision from Ohio University where he also earned dual Master's degrees in Clinical Counseling and Rehabilitation Counseling. With over twenty years of clinical practice, Dr. Bethel brings a diversity of strengths to his clinical practice. As the founder and director of Interplay Counseling and Consultation Services, LLC, Dr. Bethel operates a private counseling practice and provides educational services to community organizations. He has dedicated much of his professional career to working with individuals impacted by trauma and continues as a mental health clinician for a Child Advocacy Center that serves children and families across southern and southeastern Ohio.

### Objectives

At the conclusion of this workshop, participants will be able to:

- Gain a deeper understanding of codependency as it applies to professional relationships
- Acquire specific strategies for preventing and managing ethical boundaries specific to codependent tendencies
- Increase their knowledge of ethical codes related to dual relationships, conflict of interest, etc.

### Hours

3.0 Social Work Clock Hours (#RSX059002) 3.0 BELTSS (385191-SS-21)  
3.0 Counselor Clock Hours (#RCX109207)



The Ohio Board of Nursing accepts events approved for Counselors & Social Workers for Continuing Nurse Education Contact Hours.

### Central Ohio Area Agency on Aging

3776 S. High St., Columbus, OH 43207

614-645-7250 1-800-589-7277 [www.coaaa.org](http://www.coaaa.org) [coaaa@coaaa.org](mailto:coaaa@coaaa.org)

*Your Aging and Disability Resource Network*

**COAAA Professional  
Education  
September 16, 2021  
9:00AM - 12:15PM**

**Zoom webinar link will be emailed the day before the training to the email address with which you registered.**

**Fee \$60.00** The workshop fee includes handouts.

**LATE REGISTRATION: \$70.00 (after 9/9/21)**

A **REFUND** will be made **ONLY for cancellations received 5 work days prior to the event**. If less than 5 days, a credit can be issued for use at another program within the next year. If notice of cancellation is not received before the date of the program, no credit can be issued, Any checks returned will be subject to a \$15 bad check fee by the City of Columbus.

We cannot accept credit cards at this time, please mail payment with registration or drop off during business hours.

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**Please Note** Zoom link for webinar will be sent the day before the workshop to the email used to register, along with handouts and evaluation forms. Continuing Education Certificates are issued once evaluation forms are completed and returned to [ldobb@coaaa.org](mailto:ldobb@coaaa.org).

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**Registration Form**

**Deadline Sept 9**

**The Cost of Caring: Codependency in Social Services**

**Please print legibly**

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

Special Accommodations needed due to disability: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Licensure (Please circle): Social Worker    Nurse    NHA (License # \_\_\_\_\_)    Other

**Registration Fee: \$60.00**

**Late Registration Fee: \$70.00 (9/9/21)**

Purchase Order Attached: # \_\_\_\_\_ \$ \_\_\_\_\_ Federal ID# \_\_\_\_\_

Make checks payable to **City of Columbus**, & mail with registration form to:  
COAAA Training & Education, 3776 S. High St., Columbus, OH 43207

If using a purchase order, please attach a copy to the completed registration form. Questions? Call (614) 645-7250 or 1-800-589-7277; fax (614) 645-3885. COAAA will not accept registrations over the phone or fax without a purchase order number.