

Registration Form

Deadline May 18

Oh my aching... Arthritis Education

Name: _____

Title: _____

Agency: _____

Address: _____

Cty/St/Zip: _____

Phone: (____) _____

Fax: (____) _____

Email: _____

Federal ID # _____

Special accommodations needed due to a disability:

Registration Fee: \$55.00 (lunch is not included)

Late Registration Fee: \$65.00 (after 5/18/10)

Purchase Order Attached: # _____

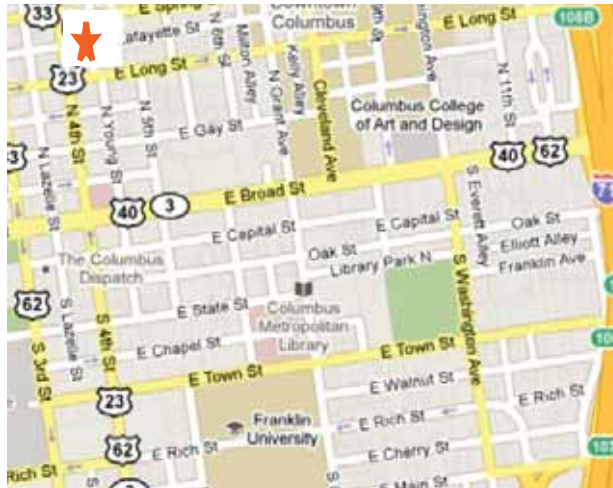
\$ _____

Make checks payable to **City of Columbus**, &
mail with registration form to:

COAAA Training & Education
174 East Long St
Columbus OH 43215

If using a purchase order, please attach a copy to the completed registration form. Questions? Call (614) 645-7250 or 1-800-589-7277; fax (614) 645-6146. COAAA will not accept registrations over the phone or fax without a purchase order number.

Directions



★ **COAAA - 174 E. Long Street**

Route I-71 to the Broad Street exit. West on Broad Street to 4th Street. North on 4th Street two blocks. The Central Ohio Area Agency on Aging (COAAA) is at the corner of northbound 4th Street and eastbound Long Street.

Parking is available at a variety of lots within a two-block radius. Cost is between \$3.50 and \$8.00 for the day. Some lots require exact change. (The COAAA parking lot is for staff only.) There is **no free parking** in downtown Columbus.

A list of nearby parking locations will be mailed upon receipt of registration.

Professional Education

May 25, 2010

9:00 a.m. - 12:15 p.m.

(Registration begins at 8:30 a.m.)

Oh My Aching...



**ARTHRITIS
EDUCATION**

COAAA

614-645-7250

1-800-589-7277

www.coaaa.org



choice. independence. dignity.

Purpose

There are over 100 types of arthritis. The impact on those suffering from arthritis can be multi-faceted, affecting daily living, relationships and families. How is arthritis diagnosed? What are the challenges and changes brought on by arthritis? Why is this important?

This workshop will address common concerns regarding diagnosis and treatment of arthritis. Resources to help individuals take control of their arthritis and make daily activities easier will be discussed.

IMPORTANT INFORMATION:

Room temperatures can be difficult to control; dressing in layers adaptable to warm and cool temperatures is recommended.

A map and directions are included in this brochure. For events at the COAAA Long Street facility, you must pay to park; there is **no free** parking downtown. The COAAA is not responsible for fees or fines.

The COAAA does not discriminate on the basis of race, color, sex, religion, sexual orientation, national origin, age or disability. If you need special accommodations due to a disability, please indicate so on the registration form.

Objectives

At the conclusion of this workshop, participants will be able to:

- Describe 4 major forms of arthritis.
- Discuss the best & newest treatment options for various types of arthritis.
- Recall local resources available to support consumers with arthritis.

REGISTRATION FEE: \$55.00

The registration fee includes coffee, tea and handouts. Lunch is not included.

Late Registration: \$65.00 (after 5/18/10)

A refund will be made only for cancellations received 5 work days prior to the event. If less than 5 days, a credit can be issued for use at another program within the next year. If notice of cancellation is not received before the date of the program, no credit can be issued. Any checks returned will be subject to a \$15 bad check fee by the City of Columbus.

Continuing Education

- 3.0 Social Work Clock Hours (#RSX059002)
- 3.0 Counselor Clock Hours (#RCX109207)
- 3.0 BENHA (#166-C-10)
- 3.0 MRDD (application has been made)

The Ohio Board of Nursing accepts events approved for Counselors & Social Workers for Continuing Nurse Education Contact Hours.

Speakers

Sally Henkaline, RN has been an educational consultant with COAAA since September 2004. She is a nurse practitioner and holds a master's degree in nursing with a focus on geriatrics. Sally was on the faculty of the Mount Carmel School of Nursing and retired from the Faculty of Grant Family Practice Residency Program after 20 years. While in the residency program, she co-taught the geriatrics component.

In addition to COAAA consulting, Sally educates patients in family practice offices regarding chronic disease management and lifestyle adaptation.

Nicholas Turkas is the Director of Programs and Services for the Arthritis Foundation, Central Ohio Chapter. From his office in Hilliard, he manages exercise, educational, occupational therapy and financial assistance programs throughout a 25 county area. He is a frequent public speaker on arthritis and its management. His duties also include public relations, marketing and legislative advocacy.

Nick graduated from Capital University with a major in public relations and minor in professional writing. His master's degree in human service management is from Franklin University.