

## My Family, My Clients & Me



### PURPOSE

Spend a day as a family detective. You will have the opportunity to learn about your family's rules, roles, themes and values which led you to become a helper. We will develop the concept of inner family together. This workshop encourages helpers to "invite" their inner families to join them in a day of insights through a presentation of family systems concepts. Ideas for understanding and change will be offered in an atmosphere of acceptance and fun.

### SPEAKER

*Barbara H. Emanuel, MS, CCDC III, NCACII* has more than 30 years of professional experience in a variety of clinical, supervisory, and administrative settings, both public and private. She holds a Master's degree in counseling, certification since 1981 as a chemical dependence counselor, and a wealth of family systems training and experience. Her current work includes teaching, training, staff development and organizational consultation.

### OBJECTIVES

At the conclusion of this workshop, participants will be able to:

- Discuss the meaning of family rules, roles, themes and values and their impact on the 'helper'.
- Describe what is meant by the concept of inner family.
- Recognize the influence of family of origin and its impact on your work with clients.
- Identify the relationship between stress and unfinished family issues.
- Develop strategies to help minimize workplace stress and enhance client interaction.

### HOURS

6.0 Social Work Clock Hours (#RSX059002)    6.0 BENHA (#249-C-10)  
6.0 Counselor Clock Hours (#RCX109207)    6.0 ODODD (application has been made)

The Ohio Board of Nursing accepts events approved for Counselors & Social Workers for Continuing Nurse Education Contact Hours.



**Central Ohio Area Agency on Aging**

174 East Long Street, Columbus OH 43215

614-645-7250 1-800-589-7277 [www.coaaa.org](http://www.coaaa.org)

email: [coaaa@coaaa.org](mailto:coaaa@coaaa.org)

**FEE \$80.00**

The workshop fee includes coffee, tea and handouts. Lunch is not included.

**LATE REGISTRATION: \$90.00 (after 10/7/10)**

A **REFUND** will be made **ONLY** for cancellations received **5 work days** prior to the event. If less than 5 days, a credit can be issued for use at another program within the next year. If notice of cancellation is not received before the date of the program, no credit can be issued. Any checks returned will be subject to a \$15 bad check fee by the City of Columbus.

**PLEASE  
NOTE**

Room temperatures can be difficult to control; dressing in layers adaptable to warm and cool temperatures is recommended. A map and directions are included in this brochure. For events at the COAAA Long Street facility, you must pay to park; there is **no free** parking downtown. The COAAA is not responsible for fees or fines. The COAAA does not discriminate on the basis of race, color, sex, religion, sexual orientation, national origin, age or disability. If you need special accommodations due to a disability, please indicate so on the registration form.

**DIRECTIONS**



Route I-71 to the Broad Street exit. West on Broad Street to 4th Street. North on 4th Street two blocks. The Central Ohio Area Agency on Aging (COAAA) is at the northeast corner of northbound 4th Street and eastbound Long Street.

Parking is available at a variety of lots within a two-block radius. Cost is between \$3.50 and \$8.00 for the day. Some lots require exact change. (The COAAA parking lot is for staff only.) There is no free parking in downtown Columbus.

*A list of nearby parking locations will be mailed upon receipt of registration.*

**★ COAAA - 174 E. Long Street**

**REGISTRATION FORM**

**DEADLINE OCTOBER 7**

*My Family, My Clients & Me*

Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Agency: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ Cty/St/Zip: \_\_\_\_\_

Special accommodations needed due to a disability: \_\_\_\_\_

Registration Fee: **\$80.00** (*lunch is not included*)

Late Registration Fee: **\$90.00** (*after 10/7/10*)

Purchase Order Attached: # \_\_\_\_\_ \$ \_\_\_\_\_ Federal ID # \_\_\_\_\_

Make checks payable to **City of Columbus**, & mail with registration form to: **COAAA Training & Education**  
174 East Long St, Columbus OH 43215

If using a purchase order, please attach a copy to the completed registration form. Questions? Call (614) 645-7250 or 1-800-589-7277; fax (614) 645-6146. COAAA will not accept registrations over the phone or fax without a purchase order number.