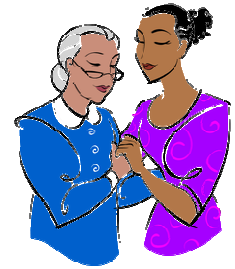


COAAA Professional Education

November 14, 2017

9:00AM– 12:15PM Registration begins at 8:30AM



Unleashing the Power of Positive Caregiving According to a new research study from the National Alliance for Caregiving and AARP the profile of the family caregiver in America is changing as the population ages. While the “typical” family caregiver is a 49-year-old woman who takes care of a relative, caregivers on the whole are becoming as diverse as the American population. Caring for aging family members can be a rewarding and gratifying experience. It can depend on a lot of different issues including the caregivers own health, financial resources and emotional resilience and whether or not they are raising children. This workshop will look at caregiving in the U.S. and how caregiver mindset directly impacts the experience. Tools and strategies for helping caregivers maximize their ability to provide care for the duration that is needed will be highlighted.

Speaker

Jennifer “Jen” Spicer, PC, LSW is sought after for her presentations related to empowering older adults and supporting their caregivers in the workforce, as well as at home. Known for her dynamic speaking style, Ms. Spicer is a Master Trainer for the Powerful Tools for Caregivers program, and has worked with older adults since 2003. In 2014, Jen founded Growmentum, a company committed to motivating individuals, businesses, and professionals to transforming their goals for the future into their reality for today, through co-active coaching and team-building approaches.

Objectives

At the conclusion of this workshop, participants will be able to:

- Discuss the complex and changing role of family caregivers
- Describe the current demographics of caregiving in the U.S.
- Identify how mindset impacts caregiving experience
- Explain what is meant by Positive Psychology and how it applies to caregivers
- Identify 3 caregiving strategies to assist family caregiver

Hours

3.0 Social Work Clock Hours (#RSX059002) 3.0 BELTSS (241-C-17)

3.0 Counselor Clock Hours (#RCX109207)

The Ohio Board of Nursing accepts events approved for Counselors & Social Workers for Continuing Nurse Education Contact Hours.



Central Ohio Area Agency on Aging

3776 S. High St., Columbus, OH 43207

614-645-7250 1-800-589-7277 www.coaaa.org coaaa@coaaa.org

Your Aging and Disability Resource Network

COAAA Professional Education November 14, 2017

9:00AM - 12:15PM
Registration begins at 8:30PM
Doors to Education Center Open at 8:30AM

Fee \$55.00

The workshop fee includes coffee, tea, and handouts. Lunch is not included.

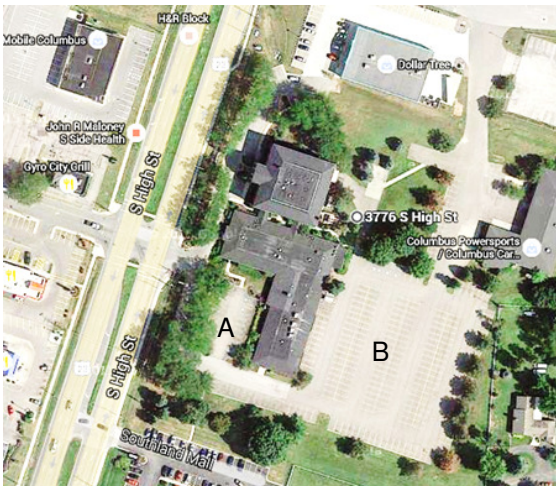
LATE REGISTRATION: \$65.00 (after 11/7/17)

A **REFUND** will be made **ONLY for cancellations received 5 work days prior to the event**. If less than 5 days, a credit can be issued for use at another program within the next year. If notice of cancellation is not received before the date of the program, no credit can be issued. Any checks returned will be subject to a \$15 bad check fee by the City of Columbus.

Please Note

Room temperatures can be difficult to control; dressing in layers adaptable to warm and cool temperatures is recommended. This training will be held at COAAA, 3776 S. High St., Columbus, OH 43207. The entrance to the training facility is in the low rise building to the far right when you enter the grounds. Parking is free, and light refreshments are available.

Directions



COAAA is located at 3776 S. High St., Columbus, OH 43207. When you arrive, please park in front of the low rise building to the far right when you enter the grounds (Parking Lot A). If this lot is full, please park in the back of the building in the larger lot (Parking Lot B) and then return to the Education Center entrance.

Directions from 315 S/71 S: Continue onto 71 S. Take I-71 S to 270 E. Take exit 52 from I-270 E, and merge onto US-23 N/S High St. The facility will be on your right.

Directions from 270 E: Take exit 52, and merge onto US-23 N/S High St. The facility will be on your right.

Directions from 270 W: Take exit 52A, and merge onto US-23 N/S High St. The facility will be on your right.

Please Note: US-23 and S. High St. run concurrently.

In case of inclement weather, please call (614) 645-3885 to see if the workshop has been cancelled or rescheduled. In the event of a cancellation or change of date, you will have the option to attend on the new date or receive a credit to attend another workshop within one year.

Registration Form

Deadline Nov 7

Unleashing the Power of Positive Caregiving

Name: _____

Phone: (____) _____

Agency: _____

Email: _____

Address: _____

City/St/Zip: _____

Special Accommodations needed due to disability: _____

Registration Fee: \$55.00 (lunch is not included)

Late Registration Fee: \$65.00 (after 11/7/17)

Purchase Order Attached: # _____

\$ _____ Federal ID# _____

Make checks payable to **City of Columbus**, & mail with registration form to:

COAAA Training & Education
3776 S. High St., Columbus, OH 43207

If using a purchase order, please attach a copy to the completed registration form. Questions? Call (614) 645-7250 or 1-800-589-7277; fax (614) 645-6146. COAAA will not accept registrations over the phone or fax without a purchase order number.