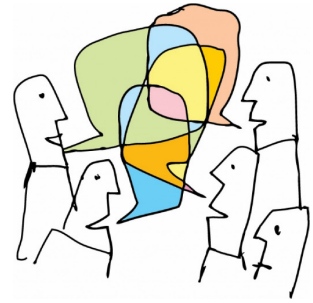


Please note
start time

COAAA Professional Education

May 22, 2018

8:30AM– 12:45PM Registration begins at 8:00AM



What is Your Side of the Story? Applying Motivational Interviewing Techniques to Challenging Conversations with Older Adults & Their Families Motivational Interviewing is a counseling technique which was developed and has been utilized very effectively in the addiction fields for the past 30 years. It is a non-judgmental, non-confrontational and non-adversarial method of discussing people's goals & behaviors with them. Recently many of the components of motivational interviewing have been adapted for use in other environments. This workshop adopts some of the elements of Motivational Interviewing for use in discussions with older adults and their families concerning issues which are challenging. These include, housing, transportation, and health care as people become more frail and are in need of some assistance. Families are often not communicating effectively in these situations. This workshop will both explain techniques and provide advice on when and how to utilize this approach.

Speaker

Paula M. Taliaferro, MGS, LSW works part time at the Central Ohio Area Agency on Aging as an Outreach & Education Specialist. As such, she has presented over 700 workshops in the last decade. Paula holds a Master's Degree in Gerontology from Scripps Gerontology Center at Miami University and a License in Social Work in the State of Ohio. She is a PAC Approved Trainer under Teepa Snow's Positive Approach Certification. She is developer of the "Aging In Ohio" course which is required of many professionals who work with older adults. In addition, she is one of two developers of the "Fundamentals of Guardianship" course sponsored by the Ohio Supreme Court's Judicial College.

Objectives

At the conclusion of this workshop, participants will be able to:

- Describe the basic components of motivational interviewing and the reasons one might adopt its approach. Contrast it to other, more commonly used approaches in discussing challenging issues and behaviors
- List the elements of the OARS approach as it applies to opening discussions with an older adult or family member. Contrast it to a modified OARS approach for use with those who have symptoms of dementia
- Describe the "readiness to change: continuum and its use in discussions with older adults and their families
- List 6 techniques adopted from motivational interviewing to assist older adults & families in decision making
- List 4 techniques adopted from motivational interviewing to assist those who have symptoms of dementia to feel that they have some ownership in important decisions

Hours

4.0 Social Work Clock Hours (#RSX059002) 4.0 BELTSS (073-C-18)
4.0 Counselor Clock Hours (#RCX109207)

The Ohio Board of Nursing accepts events approved for Counselors & Social Workers for Continuing Nurse Education Contact Hours.



Central Ohio Area Agency on Aging

3776 S. High St., Columbus, OH 43207

614-645-7250 1-800-589-7277 www.coaaa.org coaaa@coaaa.org

Your Aging and Disability Resource Network

COAAA Professional Education May 22, 2018

8:30AM - 12:45PM
Registration begins at 8:00AM
Doors to Education Center Open at 8:00AM

Fee \$65.00

The workshop fee includes coffee, tea, and handouts. Lunch is not included.

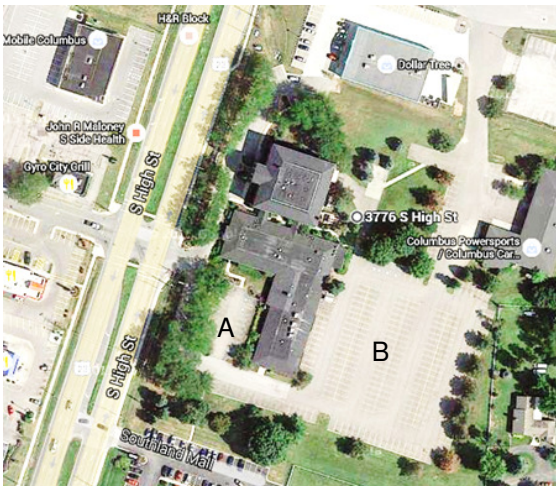
LATE REGISTRATION: \$75.00 (after 5/15/18)

A **REFUND** will be made **ONLY for cancellations received 5 work days prior to the event**. If less than 5 days, a credit can be issued for use at another program within the next year. If notice of cancellation is not received before the date of the program, no credit can be issued. Any checks returned will be subject to a \$15 bad check fee by the City of Columbus.

Please Note

Room temperatures can be difficult to control; dressing in layers adaptable to warm and cool temperatures is recommended. This training will be held at COAAA, 3776 S. High St., Columbus, OH 43207. The entrance to the training facility is in the low rise building to the far right when you enter the grounds. Parking is free, and light refreshments are available.

Directions



COAAA is located at 3776 S. High St., Columbus, OH 43207. When you arrive, please park in front of the low rise building to the far right when you enter the grounds (Parking Lot A). If this lot is full, please park in the back of the building in the larger lot (Parking Lot B) and then return to the Education Center entrance.

Directions from 315 S/71 S: Continue onto 71 S. Take I-71 S to 270 E. Take exit 52 from I-270 E, and merge onto US-23 N/S High St. The facility will be on your right.

Directions from 270 E: Take exit 52, and merge onto US-23 N/S High St. The facility will be on your right.

Directions from 270 W: Take exit 52A, and merge onto US-23 N/S High St. The facility will be on your right.

Please Note: US-23 and S. High St. run concurrently.

Registration Form

Deadline May 15

Applying Motivational Interviewing Techniques to Challenging Conversations

Name: _____

Phone: (____) _____

Agency: _____

Email: _____

Address: _____

City/St/Zip: _____

Special Accommodations needed due to disability: _____

Registration Fee: \$65.00 (lunch is not included)

Late Registration Fee: \$75.00 (after 5/15/18)

Purchase Order Attached: # _____

\$ _____ Federal ID# _____

Make checks payable to **City of Columbus**, & mail with registration form to:

COAAA Training & Education
3776 S. High St., Columbus, OH 43207

If using a purchase order, please attach a copy to the completed registration form. Questions? Call (614) 645-7250 or 1-800-589-7277; fax (614) 645-6146. COAAA will not accept registrations over the phone or fax without a purchase order number.