

COAAA Professional Education

April 3, 2018

9:00AM - 12:15PM Registration begins at 8:30AM



Compassionate Resilience in Families: As helpers we see the results of the chaotic family life styles, but often miss the underlying pathology or mystery. Much like a mobile, our clients were/are all connected at some point with a type of family. This program will explore the work of Dr. Murray Bowen, Family Systems Theory from the 1950's and the current theoretical concept of Dr. Richard Schwartz; Internal Family Systems

Speaker *Barbara Jo Dennison, PhD, LISW-S*, received her doctorate in psychology from California Southern University and her undergraduate and graduate degrees in social work from The Ohio State University. She is the owner of Dennison & Associates, Inc., a wellness firm in Powell, Ohio. She has over 30 years of professional experience working with families in crisis situations, and first responders after traumatic events. She is trained in Critical Incident Stress Management, certified as an EMDR therapist and is a licensed hypnotherapist. Dr. Dennison appeared on TLC's *Hoarding Buried Alive* and has developed treatment protocols for hoarding. Dr. Dennison is widely published to include a book on "Rise Above Your Stuff", a step by step guide for clients suffering from hoarding or chronic disorganization.

Objectives

At the conclusion of this workshop, participants will be able to:

- Define the family system from two theoretical approaches
- Identify different roles your client plays or played in their families which provide understanding and compassion for their current actions
- Explain how to prevent triangulation
- Discuss ways to teach family members to be resilient by using their insight, roles, empathy and voice with goal of reestablishing the connections that stabilize a system

Hours

3.0 Social Work Clock Hours (#RSX059002) 3.0 BELTSS (039-C-18)

3.0 Counselor Clock Hours (#RCX109207)

The Ohio Board of Nursing accepts events approved for Counselors & Social Workers for Continuing Nurse Education Contact Hours.

Central Ohio Area Agency on Aging

3776 S. High St., Columbus, OH 43207

614-645-7250 1-800-589-7277 www.coaaa.org coaaa@coaaa.org

Your Aging and Disability Resource Network



COAAA Professional Education April 3, 2018

9:00AM - 12:15PM
Registration begins at 8:30AM
Doors to Education Center Open at 8:30AM

Fee \$55.00

The workshop fee includes coffee, tea, and handouts. Lunch is not included.

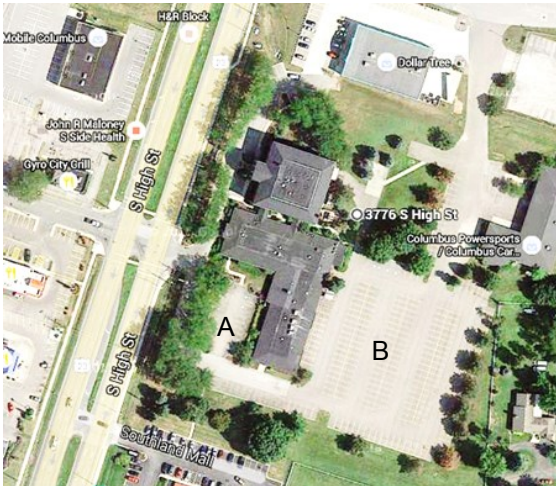
LATE REGISTRATION: \$65.00 (after 3/27/18)

A **REFUND** will be made **ONLY for cancellations received 5 work days prior to the event**. If less than 5 days, a credit can be issued for use at another program within the next year. If notice of cancellation is not received before the date of the program, no credit can be issued. Any checks returned will be subject to a \$15 bad check fee by the City of Columbus.

Please Note

Room temperatures can be difficult to control; dressing in layers adaptable to warm and cool temperatures is recommended. This training will be held at COAAA, 3776 S. High St., Columbus, OH 43207. The entrance to the training facility is in the low rise building to the far right when you enter the grounds. Parking is free, and light refreshments are available.

Directions



COAAA is located at 3776 S. High St., Columbus, OH 43207. When you arrive, please park in front of the low rise building to the far right when you enter the grounds (Parking Lot A). If this lot is full, please park in the back of the building in the larger lot (Parking Lot B) and then return to the training facility entrance.

Directions from 315 S/71 S: Continue onto 71 S. Take I-71 S to 270 E. Take exit 52 from I-270 E, and merge onto US-23 N/S High St. The new facility will be on your right.

Directions from 270 E: Take exit 52, and merge onto US-23 N/S High St. The new facility will be on your right.

Directions from 270 W: Take exit 52A, and merge onto US-23 N/S High St. The new facility will be on your right.

Please Note: US-23 and S. High St. run concurrently.

In case of inclement weather, please call (614) 645-3885 to see if the workshop has been cancelled or rescheduled. In the event of a cancellation or change of date, you will have the option to attend on the new date or receive a credit to attend another workshop within one year.

Registration Form

Deadline March 27

Compassionate Resilience in Families

Name: _____

Phone: (____) _____

Agency: _____

Email: _____

Address: _____

City/St/Zip: _____

Special Accommodations needed due to disability: _____

Registration Fee: \$55.00 (lunch is not included)

Late Registration Fee: \$65.00 (after 3/27/18)

Purchase Order Attached: # _____

\$ _____ Federal ID# _____

Make checks payable to **City of Columbus**, & mail with registration form to:

COAAA Training & Education
3776 S. High St., Columbus, OH 43207

If using a purchase order, please attach a copy to the completed registration form. Questions? Call (614) 645-7250 or 1-800-589-7277; fax (614) 645-6146. COAAA will not accept registrations over the phone or fax without a purchase order number.