

Tools for Caregivers: Brunch & Learn Series

January 11, 2017	February 8, 2017	March 8, 2017
<p>Accessing Aging Resources</p> <p>This session helps participants learn where to look for help with care. Identify the various types of services available to older adults living in the community. Discuss a range of housing options.</p> <p>Patty Callahan Caregiver Advocate Central Ohio Area Agency on Aging</p>	<p>Planning Ahead: What You Need to Know</p> <p>This session is designed to provide information on long-term care, financial realities, legal tools and planning for after death.</p> <p>Patty Callahan Caregiver Advocate Central Ohio Area Agency on Aging</p>	<p>Navigating the Healthcare Maze</p> <p>This session is designed to help participants learn about their healthcare rights and obtain tips for getting high quality care.</p> <p>Paula Taliaferro Community Outreach Specialist Central Ohio Area Agency on Aging</p>

To Register call Julie Cuppett, Active Older Adult Coordinator, 740-477-1661 Extension 239.

Each topic is **free of charge** and will be at the same time and location each month. Lunch will be provided by the YMCA.

Time: 10:30am-12:30pm

Location: YMCA of Circleville
440 Nicholas Drive, Circleville, OH 43113

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