

Tools for Caregivers 2017: A Community Education Series

<p>July 21, 2017</p> <p>Accessing Aging Resources</p> <p>This workshop helps participants learn where to look for help with care. Identify the various types of services available to older adults living in the community. Discusses a range of housing options.</p> <p>Paula Taliaferro, Community Outreach Specialist Central Ohio Area Agency on Aging</p>	<p>August 4, 2017</p> <p>Planning Ahead: What You Need to Know</p> <p>This workshop is designed to provide information on long-term care, financial realities, legal tools and planning for after death.</p> <p>Paula Taliaferro, Community Outreach Specialist Central Ohio Area Agency on Aging</p>	<p>August 18, 2017</p> <p>Navigating the Healthcare Maze</p> <p>This workshop is designed to help participants learn about their healthcare rights and obtain tips for getting high quality care.</p> <p>Patty Callahan, Caregiver Advocate Central Ohio Area Agency on Aging</p>
<p>September 8, 2017</p> <p>Caring for Someone in a Care Facility</p> <p>This workshop is for families transitioning a loved one from the community into a nursing home setting. Discussion topics will include: choosing a care facility, strategies for managing care, and a review of residents' rights.</p> <p>Patty Callahan Community Outreach Specialist Central Ohio Area Agency on Aging</p>	<p>September 22, 2017</p> <p>Medicare for Beginners</p> <p>This workshop is designed to help participants get down-to-earth, unbiased information to help them make informed decisions.</p> <p>John LaMotte Central Ohio Area Agency on Aging</p>	<p>October 6, 2017</p> <p>Family Dynamics and Caregiving</p> <p>This workshop is designed to identify the ways in which roles and responsibilities of spouses, adult children & siblings evolve throughout the caregiving process.</p> <p>Lynn Dobb, Education Manager Central Ohio Area Agency on Aging</p>
<p>October 20, 2017</p> <p>Caring for Someone At Home</p> <p>This workshop is designed to help develop tips and techniques for providing in-home care.</p> <p>Paula Taliaferro, Community Outreach Specialist Central Ohio Area Agency on Aging</p>	<p>November 3, 2017</p> <p>Caring for a Difficult Family Member</p> <p>This workshop will provide an opportunity to discuss circumstances which can provoke "difficult" behaviors and learn techniques for coping with them.</p> <p>Lynn Dobb, Education Manager Central Ohio Area Agency on Aging</p>	<p>November 17, 2017</p> <p>Preventing Burnout</p> <p>This workshop is designed to help participants identify signs of caregiver stress and burnout; common emotions and coping strategies will also be discussed.</p> <p>Patty Callahan, Caregiver Advocate Central Ohio Area Agency on Aging</p>

To Register: Call 614-337-1000 X201 or email Wendy Slates at wslates@peacegahanna.org
No Cost, Intended for those providing care to a family member or friend
Meeting Location: Peace Lutheran Church 455 Clark State Rd, Gahanna, OH 43230.
Parking available on site
Time: 10:00-11:30 am.

**Community
Education
Series
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