



NEW ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP

Alzheimer's Association Central Ohio Chapter in partnership with Central Ohio Area Agency on Aging

alzheimer's  association

Central Ohio Chapter



DETAILS

New group starts January 10, 2017
Meets at 10 - 11:30 a.m the second Tuesday of each month
Central Ohio Area Agency on Aging location
3776 S. High Street
Columbus, Ohio 43207

CONTACTS

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For a complete listing of support groups and other programs serving Central Ohio visit alz.org/centralohio.

To further extend your network of support, visit **ALZConnected**[®], our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association[®] caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.