



**Your Aging and
Disability Resource Network**

Central Ohio Area Agency on Aging

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Serving Delaware, Fairfield, Fayette, Franklin, Licking,
Madison, Pickaway, and Union counties.

Our Mission and Vision

Mission

The mission of the Central Ohio Area Agency on Aging is to inform and support people as they navigate the experience of aging or disability.

Vision

The vision of the Central Ohio Area Agency on Aging is for individuals and families to have knowledge and access to the information and resources they need to live with independence and dignity.

About our Agency

The Central Ohio Area Agency on Aging (COAAA) plans, funds, and delivers services that help older adults and individuals with disabilities remain safe and independent in their homes.

With the assistance of area providers, COAAA arranges and coordinates services to help individuals with daily living such as homemaking, transportation, home-delivered meals, and personal care. COAAA offers education and resources to caregivers, professionals, and the public. COAAA advocates for programs and policies that benefit older adults and individuals with disabilities.



COAAA offers several in-home service programs that help individuals live at home with independence and dignity. The in-home service programs section in this brochure provides an overview of each program offered at COAAA.

In-Home Service Programs

PASSPORT - PASSPORT provides help at home for older adults as an alternative to nursing home care. The program assists individuals with professionally managed care and support to help them remain safe and independent in their home. Long-term care services available through PASSPORT include homemaking, transportation, personal care, home-delivered meals, emergency response systems, adult day services, and case management. Eligible applicants for PASSPORT must be:

- at least 60 years of age
- financially eligible under Medicaid waiver guidelines*
- able to remain in a safe and cost-effective home environment

Referrals are accepted from physicians, community agencies, family, friends, or individuals requesting help for themselves.

MyCare Ohio - Services are similar to PASSPORT. MyCare Ohio is a system of managed care that coordinates the delivery of benefits and services to Ohioans who are eligible for **both** Medicare and Medicaid. The Central Ohio counties that are part of MyCare Ohio are Delaware, Franklin, Madison, Pickaway, and Union.

Ohio Home Care Waiver (OHCW) - The OHCW meets the needs of financially eligible children and adults who have significant medical and/or mental health needs. The program is administered by the Ohio Department of Medicaid.

COAAA performs the assessments and care management in the Central Ohio region. Services within the OHCW include nursing services and personal care assistance. Key requirements for the OHCW are:

- must be 59 years of age or younger
- financially eligible under Medicaid waiver guidelines*
- at a nursing facility level of care

Specialized Recovery Services (SRS) - SRS helps individuals with severe and persistent mental illness, a certain diagnosed chronic con

dition, or those on the solid organ or soft tissue transplant waiting list. These individuals are assisted through a variety of home and community-based services that are oriented toward recovery, are person-centered, and have an overarching goal of supporting individuals in their community environment. Individuals eligible for the SRS program also receive full Medicaid coverage.

Recovery managers at COAAA provide assistance in developing a person-centered care plan that meets the individual's specific needs. Key requirements for SRS are:

- 21 years of age or older
- financially eligible under Medicaid waiver guidelines*
- Meet diagnosis criteria

Franklin County Senior Options (FCSO) - FCSO is funded by the Franklin County Senior Services Levy and administered by the Franklin County Office on Aging.

FCSO provides in-home services to Franklin County residents to help them stay as independent as possible. FCSO helps individuals 60 and over who do not qualify for PASSPORT services. COAAA provides in-home assessments and in-home case management for the program. Available services may include but are not limited to:

- personal care and homemaker
- home delivered meals
- emergency response systems

Assisted Living Waiver Program - For those who meet strict guidelines, the Assisted Living Waiver Program pays the costs of care in an approved assisted living facility. The consumer is responsible for "room and board" expenses. Participants must be age 21 or older, financially eligible for Medicaid and determined by COAAA to be at risk of nursing home placement.

*** Medicaid Waiver programs help provide long-term care services in the community to people who would otherwise be in an institution or nursing home.**

Caregiver Advice and Education

If you are caring for a loved one, you are not alone. Our staff can help address the concerns and needs of caregivers and their families.

COAAA provides free consultation, education, and support, to deal with the complex issues of caregiving. If your loved one needs help at home, our staff can advise on hiring, refer you to financial assistance programs, and refer you to services that provide relief for caregivers, such as respite.



Volunteer Guardian Program



There are adults in Central Ohio who have lost the ability to make reasoned decisions and are without anyone to assist them. The Volunteer Guardian Program (VGP) at COAAA recruits, screens, trains, and supports people to be court appointed “Guardians of the Person.” Volunteer guardians do not have financial responsibility for the person. People served by VGP are adults who live in group-care settings and have some type of mental impairment. VGP serves Delaware, Fairfield, Fayette, Franklin, Licking, and Pickaway counties.

Wellness, Education and Training

Healthy, Well & Wise Speakers - COAAA presents free, 1 hour talks addressing health and safety issues to older adults and their families. Ideal for church groups, support groups, senior residences, and anyone interested in older adult issues.

Evidence Based Workshops Series - Healthy U is a free 6-session self-management workshop that has been proven to help people self-manage their symptoms better every day. Choose the Self-Management series that works for you: General Chronic Conditions, Diabetes or Chronic Pain. Employers can request the Workplace Chronic Disease Self-Management series. **Matter of Balance** is a falls management 8-session workshop series addressing the fear of falling and how to increase physical activity.

Professional Education - COAAA offers workshops on a wide range of topics. Our programs are geared toward professionals who provide services and care to older adults, persons with disabilities, and their families. Continuing education hours are offered for social workers, nurses, and other health care professionals.

Medicare Outreach - Staff educates individuals and caregivers on important changes in Medicare coverage and how to navigate the Medicare system. One-on-one assistance is available via phone consultations, email, or in-person. Group presentations are also available.

COAAA is operated under the City of Columbus, Recreation and Parks Department.



THE CITY OF
COLUMBUS
ANDREW J. GINTHER, MAYOR

RECREATION AND PARKS
DEPARTMENT

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